

Members of SSBC must:

Maintain the safety of themselves and others.

- Dangerous or reckless behaviour whilst training is unacceptable.
- Outings should not take place in conditions which the Crew are not experienced enough to handle. An outing should not go ahead if any of the Crew, Cox or Coach believe the conditions to be too severe.
- Crews should use the equipment which has been allocated to their boat unless told otherwise by a Captain or Coach. If equipment is faulty this should be reported to a Captain or Coach, and the equipment should not be used if it is unsafe.

Be respectful of other members of the Boat Club and of other people.

- Members should adhere to the College's anti-harassment policy. In particular, discrimination based on race, religion, sex, gender, sexuality, disability, age or appearance is unacceptable.
- Coaches and Crew members should be supportive of each other and aim to promote a friendly and inclusive Club environment.
- Members should complete the number of training sessions they commit to at the start of term, or should inform their Coach/Captain if they need to temporarily or permanently reduce their amount of training.
- Members should act responsibly both on and off the River, in particular during socials.

Any complaints or concerns may be addressed to your Coach, a member of the Committee, or to College. Failure to adhere to the Code of Conduct may result in temporary or permanent exclusion from any or all Boat Club activities.

(1) Do you agree to adhere to the SSBC Code of Conduct (above)?	Yes/ No
(2) Can you swim 50m in light clothing?	Yes/ No
Can you tread water for 2 minutes?	Yes/ No
Can you swim under water for 5m?	Yes/ No
(3) Please be aware that photographs taken during SSBC rowing and social events may be published in official Sidney Sussex Boat Club and Sidney Sussex College publications and publicity materials, including websites. Do you agree for photographs of you to be used for these purposes?	Yes/ No
(4) Do you have any medical conditions which may affect your ability to row, cox or coach (including any which may not prevent you from taking part, but which your Coach may nonetheless need to be aware of, e.g. asthma, allergies, existing injuries etc.)? If yes, please give details:	Yes/ No

Name:	CRSiD:	Date: